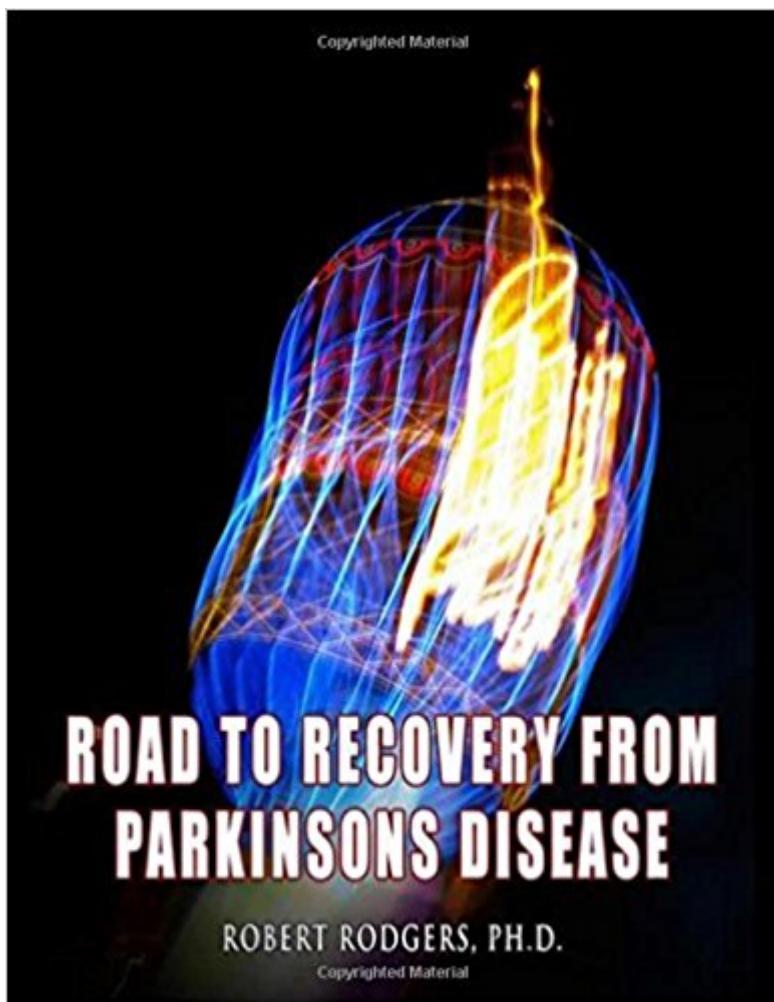


The book was found

# Road To Recovery From Parkinsons Disease



## **Synopsis**

Do you have Parkinson's Disease? Are you looking for ways to feel better? Road to Recovery from Parkinson's Disease gives a comprehensive overview of the factors that cause the symptoms of Parkinson's and covers all the natural treatments that are helping thousands of people with Parkinsons become healthy and well. There is no doubt about it. Many medical specialties provide relief from the symptoms of Parkinson's Disease. Road to Recovery from Parkinson's Disease reveals the natural therapies and safe treatments that persons with Parkinson's have discovered help them steer a steady course on the road to recovery.

## **Book Information**

Paperback: 376 pages

Publisher: Parkinsons Recovery; Second Edition edition (March 2, 2013)

Language: English

ISBN-10: 0981976751

ISBN-13: 978-0981976754

Product Dimensions: 8.5 x 0.8 x 11 inches

Shipping Weight: 2.3 pounds

Average Customer Review: 4.2 out of 5 stars 14 customer reviews

Best Sellers Rank: #1,143,282 in Books (See Top 100 in Books) #94 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Parkinson's Disease #806 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System #17530 in Books > Health, Fitness & Dieting > Alternative Medicine

## **Customer Reviews**

Robert Rodgers, PhD, founded Parkinsons Recovery in 2004 to provide support, resources and information to persons currently experiencing the symptoms of Parkinson's disease. Robert earned his undergraduate degree from Vanderbilt University, his master's degree from Cornell University and his PhD from Michigan State University. He served as an officer in the US Navy, an assistant country administrator in Virginia, an Assistant Professor at the University of Texas at Austin and a Professor at the University of Kentucky before founding Parkinsons Recovery. His research is currently focuses on identifying the causes of Parkinson's disease and the alternative therapies that are helping persons reverse their symptoms.

This is by far the best book I have ever seen yet on dealing with diseases like Parkinsons', etc. The

book is filled with ideas, treatments, references, actual accounts, and most importantly, how to contact the the recommended product suppliers and the author for help. He is a wonderful guy who called me the day after I emailed him.If you are dealing with any dis-ease, get this book, read it from cover to cover, take notes, and get yourself back on the road to health.

Road to Recovery from Parkinson's Diseasechanges the ball game. Like most people with PD, when I was diagnosed, I was told I had an incurable, degenerative disease with no hope of finding a cure soon enough to impact my situation. Every morning I woke up hoping and praying I'd done enough (i.e. exercise, yoga, nutrition) to keep the PD from progressing. It feels like being in a fight you know you're going to loose. (And people wonder why people with PD get depressed.)After reading the book, I wake up happy, wondering what new technique I'm going to try to deal with these symptoms! It feels like a huge weight has been lifted off my shoulders.In addition to presenting all the alternative methods of dealing with symptoms of PD and the success stories of the people who've overcome their symptoms, this book gives you HOPE. I no longer feel I'm in a fight I can't win--I'm winning.Nam

Very informative from a perspective of SELF-HEALTH - each of these techniques has been vetted by Dr. Rodgers. With so many people being erroneously diagnosed as having Parkinson's, we need credible information about additional options and resources.

It is not going to cure PD. It simply offers supplements & sources to buy them. It is rather helter skelter in it's approach, with short paragraphs of various relief methods. I was a little disappointed.

I THINK IT IS AN EXCELLENT BOOK .I WILL RECOMMEND IT TO ALL MY PD FRIENDS.I WAS DIAGNOSED IN 2009 THIS IS THE MOST I HAVE LEARNED ABOUT THE DISEASE.THANK YOU SO MUCH .IT TELLS ME SOMETHING ABOUT MY DISEASE.I AM TAKING ACTION TO REVERSE MY SYMPTOMS THIS WEEKEND.THANKS AGAIN.FRANK

My husband has Parkinson's and wanted this book. He said it is inspirational and shared often with me what he haslearned and putting to use. He could not be happier with the help the book has provided.

Good product... good transaction :>

I was very disappointed with this book. The author is very repetitive and keeps saying that if you believe you can be cured, you will be. While I believe in positive thinking, I have to face the reality that not everyone can get well (no matter what the illness). Also, I think that most doctors want to help their patients get well. There is no known cure for Parkinson's at the present time, which makes it frustrating to patients, doctors, caregivers, and authors. The fact that there is no cure also opens the door for all kinds of ideas on what might help. I am a person with Parkinson's and agree with some of what was written in this book. I am finding exercise very beneficial but cannot seem to stop the tremors - and I do not want medicine until absolutely necessary.

[Download to continue reading...](#)

Road to Recovery from Parkinsons Disease Addiction: The Last ADDICTION RECOVERY Guide - The Infallible Method To Overcome Any Addiction: (addiction, addiction recovery, breaking addiction, overcoming ... addiction recovery, recovery, clean Book 4) Parkinsons Disease Handbook : The Essential Guide for Sufferers and Carers Lupus Recovery Diet - The Natural Lupus Recovery Solution: (Recover from Lupus with the Lupus Recovery Diet) Muscle Recovery: Tips for Faster Muscle Recovery, Growing Stronger Muscle and Overcoming Muscle Soreness (Muscle Growth, Muscle Soreness, Workout, Workout Recovery, Muscle Strength) Gum Disease Cure (Gum Disease Cure, Periodontal Disease, Gum Disease, Gum Infection, Gingivitis treatment, Tooth Decay) The Gum Disease Cure: How I cured Periodontal Disease in 2 months (Gum Disease Periodontal Disease Periodontitis Receeding Gums) Kidney Disease: for beginners - What You Need to Know About Chronic Kidney Disease: Diet, Treatment, Prevention, and Detection (Chronic Kidney Disease - Kidney Stones - Kidney Disease 101) Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) Multiple Sclerosis - Diet for Recovery: The Multiple Sclerosis Autoimmune Disease Recovery Diet Guide for Beginners Essential Kidney Disease Cookbook: 130 Delicious, Kidney-Friendly Meals To Manage Your Kidney Disease (CKD) (The Kidney Diet & Kidney Disease Cookbook Series) The Ultimate Guide to Crohn's Disease and Ulcerative Colitis: How To Cure Crohn's Disease and Colitis Through Diet and Exercise (Health, IBD, Irritable Bowel Syndrome, Colitis, Crohn's Disease) Chronic Kidney Disease: The Essential Guide To CKD - Learn Everything You Need To Know About Chronic Kidney Disease (Chronic Kidney Disease, Kidney Stones, CKD) Healing the Child Within: Discovery and Recovery for Adult Children of Dysfunctional Families (Recovery Classics Edition) Addiction and Recovery: How to Overcome Alcohol, Gambling, Drug, Sex, Food, and Technology Addictions (Addiction,

Substance Abuse, Addiction and Recovery, Alcohol Addiction) Gambling Addiction Cure: Gambling Addiction Cure and Recovery of Your Life (Addiction Recovery, Addiction Gambling, Quit Smoking, Addictions) Recovery Essays: Narcotics, Addiction, Recovery, Alcoholics, Twelve Steps, Anonymous Groups, Thirteenth Step, Lions, Tigers, and Bears Weight Loss Surgery Cookbook: RECOVERY Bundle - 2 Manuscripts in 1 - a total of 90+ Delicious Low-Carb, Low-Sugar, Low-Fat, High Protein recipes for all stages of recovery After Weight Loss Surgery Manual of Fast Track Recovery for Colorectal Surgery (Enhanced Recovery) The Immune System Recovery Plan: A Doctor's 4-Step Program to Treat Autoimmune Disease

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)